

# Step 1 Preparation

*Congratulations on starting your guitar journey! The first thing you may be asking yourself is what type of guitar you need. Is it an acoustic or electric guitar?*

*If you already have a guitar then fantastic, please proceed to **Step 2***

*I would recommend getting a steel string acoustic guitar! Most guitar shops may recommend one with Nylon strings as they are easier on your fingers when learning. (this may be the better option if you have a little rock star in the making wanting to learn (ages 5 – 12).*

*I have some recommendations here for a first guitar these will usually come with a guitar case, guitar picks (plectrums) and spare strings (as these will need to be replaced from time to time). I would also recommend either purchasing a guitar tuner or downloading the free app Fender Tune to help keep your acoustic in tune.*

*Acoustic guitar recommendation Kids-*

*[Junior 1/2 Classical Guitar, Natural, by Gear4music at Gear4music](#)*

*Adults-*

*[Single Cutaway Acoustic Guitar by Gear4music at Gear4music](#)*

*Guitar Tuner*

*[Guitar Tuner Clip On, Digital Tuners of Guitar Accessories with Picks, for Acoustic Guitar, Electronic Guitar, Bass, Ukulele, Violin, Musical Instrument Accessories : Amazon.co.uk: Musical Instruments & DJ](#)*

*Fender tune*

*[Fender Guitar Tuner - Apps on Google Play](#)*

# Step 2 Introduction

Now that you have your guitar ask yourself the following questions! This helps keeps your focus and drive on why you want to learn in the first place. Writing down or drawing a picture of your ideal outcome and putting it on your wall can really help and inspire you to progress!

1. *What makes you want to play the guitar?*
2. *Who do you want to be like, who is your inspiration?*
3. *Wish list – what is your favourite song or songs to learn?*

## **Step 3      Getting Started**

*Now we are ready to roll it is still not time to play a single note just yet... the most important thing to do before diving in is to know the most important and sometimes overlooked issues. This is how you use your posture when learning the guitar. It is important to have the basic fundamentals engrained so you get into good habits. This will help you as a guitarist and your progression and is vital this gets addressed.*

*The following are all important things to focus on before you even play a single note of the guitar!*

***How to hold the guitar***

***Where to put your thumb***

***Forearm freedom***

***What to sit on when practicing***

***Warm up exercises***

Please subscribe to find out more to find out or contact me to arrange your first Free lesson! :)

